

# Be a Hero for a Better World!



"Old age is not a disease -  
it is strength and survivorship,  
triumph over all kinds  
of vicissitudes  
and disappointments,  
trials and illnesses."

-- Maggie Kuhn

[BetterWorldHeroes.com](http://BetterWorldHeroes.com)

Be A Hero For A Better World

[BetterWorldClubs.com](http://BetterWorldClubs.com)

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