Be a Hero for a Better World



"I believe that, when Americans learn the facts and understand how their involvement can make a difference, banishing childhood hunger will be a national, local and personal priority."

Martin Sheen (1940-)

Martin Sheen is an Emmy and Golden Globe Awardwinning American actor and social activist, best known for his role as President Bartlet on the TV drama series, *West Wing*. The son of a Spanish immigrant father and Irish immigrant mother, he was baptized Ramón Gerardo Antonio Estévez, but adopted the stage name Martin Sheen when he began acting.

While filming Apocalypse Now in the late 1970s, Martin Sheen suffered a heart attack, and began a spiritual journey that culminated in his rediscovering his Catholic faith. His spirituality strengthened his commitment to social activism. Martin Sheen has been an outspoken crusader for many causes, including advocating for peace, farm worker's rights, nuclear disarmament, animal rights, the environment, working to end poverty, hunger, homelessness, racism and capital punishment, and protesting against the US Army's School of the Americas, which critics claim trains Latin American terrorists. A strong believer in nonviolent civil disobedience, Martin Sheen has been arrested more than 60 times for his activism. In 2007, he received the Pathfinder's Peace Award for his dedication to a more peaceful world.

Martin Sheen was born on August 3, 1940 in Dayton, Ohio

Be A Hero For A Better World!	Organizations Helping End Hunger
 Find out more about this hero Pledge to help end hunger (iaahp.net) Hold an event to raise awareness about the problem of world hunger Contribute to an organization working to end hunger 	 Alliance To End Hunger (alliancetoendhunger.org) America's Second Harvest (secondharvest.org) End Hunger Network (endhunger.com) Food For All (foodforall.org) The Hunger Site (hungersite.org) Oxfam America (oxfamamerica.org) World Hunger Year (worldhungeryear.org) UN Food & Agriculture Organization (fao.org)
EndHungerBook.com	- UN World Food Programme (wfp.org)

For more information: www.betterworldheroes.com/sheen.htm

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